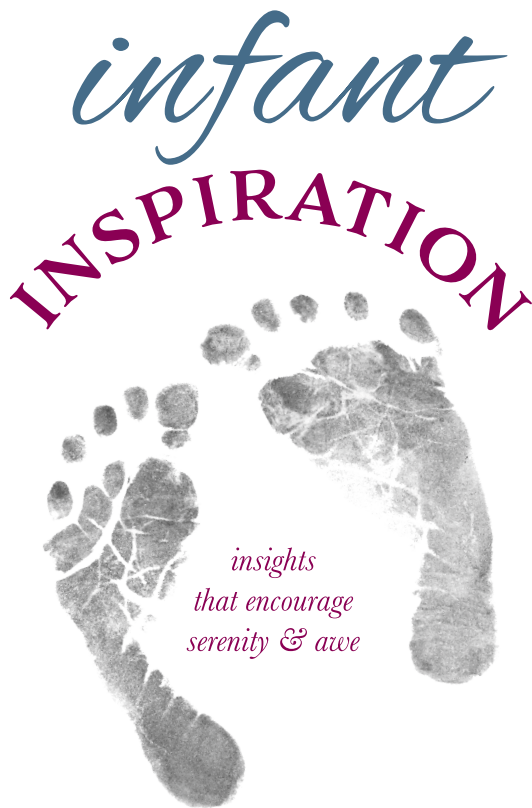


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**AMY M. COLLINS,** M.S.Ed, is a forever evolving Mom of two children. She promotes thoughtful conversations around motherhood and offers an online course called “Moms: Courageous Women Raising the Next Generation.” When you clarify your role as Mom, it positively affects you and your family. For more information visit [www.amymcollins.com](http://www.amymcollins.com)

*These lessons still help me find peace years later. My hope is they also help you.”*

*-Amy*

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